



CAPTAIN X

Evidence-Based Practice of the Month:

Peer-Based Instruction & Intervention (PBII)

Peer-Based Instruction and Intervention (PBII) is an intervention in which peers directly promote autistic children's social interactions and/or other individual learning goals, or the teacher/other adult organizes the social context (e.g., play groups, social network groups, recess) and when necessary, provides support (e.g., prompts, reinforcement) to the autistic children and their peer to engage in social interactions. (Evidence-Based Practice Report, April 2020) Previously labeled as Peer-Mediated Instruction/Intervention (PMII), this EBP was changed to allow for expansion of this practice to include adult-mediated interventions with peers when providing the interventions.

PBII includes:

- the selection of peers
- selection of specific activity or time when peer will provide support
- teaching peers how to support the individual with autism during selected activities
- providing peer with feedback on how they did or what they could try to help the individual with autism respond differently the next time

Free online module for PMII: <https://afirm.fpg.unc.edu/peer-mediated-instruction-and-intervention>

In the classroom:

Pair students with and without autism together when working on different classroom activities. Peers can serve as a model for how to complete an activity. Peers can also prompt the learner with visuals or other reminders.

Possible Activities:

- Transitioning across classroom or campus
- Answering questions during group discussions
- Raising hand to respond
- Locating needed materials to complete work
- Sharing materials and toys
- Taking turns in game play and conversations
- Completing class jobs or routines

At Home:

Pair your child with a sibling, cousin, or neighbor to complete different activities throughout the day. Be sure to tell/show the peer what they can do and how they can help your child. And praise them for their effort!

Possible Activities:

- Morning routines – brushing teeth or hair
- Nighttime routines – putting on pjs, picking out clothes for the next day
- Chores – wiping off the table, rinsing dishes, feeding pets
- Playing games – picking a game, turn taking
- Sharing electronics – taking turns picking a show to watch or a game to play
- Doing Homework – where to sit, where to find materials, how to get help
- Getting ready for school – loading bag, making lunch, waiting for the bus

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