



CAPTAIN X

Evidence-Based Practice of the Month:

Functional Behavior Assessment (FBA)

FBA is a systematic way of determining the underlying function of a behavior so that an effective intervention plan can be developed. FBA consists of describing the interfering behavior, identifying antecedent and consequent events that control the behavior, developing a hypothesized function of the behavior, and testing the hypothesis. Data collection is an important part of the FBA process. From the FBA, a behavior intervention plan should be developed, implemented, and include ongoing data collection.

(National Clearinghouse on Autism Evidence and Practice Review Team, 2020)

Once the function of the interfering behavior is identified, the team can begin thinking about interventions and strategies to help the student replace that behavior and be more successful in their environment. Ideas are listed below.

Free module to learn more about FBA:

<https://afirm.fpg.unc.edu/functional-behavior-assessment>

In the

- Visual Schedule
- First-Then Chart
- Frontloading Expectations
- "I do it, we do it, you do it" method
- Enrich environment with visuals, communication, sensory items
- Breaking down work into smaller chunks
- Movement Breaks
- Task Analysis

At

- Communication icons where the child goes (i.e., bedroom, kitchen, bathroom)
- Modeling communication and positive behavior
- Reinforce positive behavior frequently
- Visual schedules for home routines
- Use of a timer

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